

## **We offer our Berwick Community:**

Health and Wellbeing Groups

Support Groups

Children's Services



**Activities for the Mature Adult** 

Shared Interest Groups



Hall & Room Hire

Community Garden



Facilitated Playgroups

## **OUR VENUES**

Timbarra
26 Parkhill Dr, Berwick
Tel: 03-9704 1863
Email: admin@berwicknc.com.au
Centre Operating Hours
Mon -Thurs - 9.00am - 3.00pm
Friday - 9.00am - 12.00 pm

High Street (Children's Services)
112 High St, Berwick
Tel: 03-9796 1970
Email: childrenservices@berwicknc.com.au

Mon-Thurs - 9am - 3pm Fri - Closed High Street (Seniors Building)
112 High St, Berwick
Tel: 03-9704 1863
Email: admin@berwicknc.com.au

Website: www.berwickneighbourhoodcentre.com



**Berwick Neighbourhood Centre** 



## **Berwick Neighbourhood Centre Information**

The Berwick Neighbourhood Centre is a **Not for Profit organisation** whose aim is to provide a safe, inclusive welcoming space for all community members to engage in a range of activities/services that enable learning opportunities, support and connections with others in our diverse and ever changing community. We look forward to you becoming part of our Berwick community.

#### There is an Annual Membership fee of \$10

<u>Please note</u>: All details in this term program were correct at the time of printing. The Centre reserves the right to change times, dates and fees when necessary. Updates of our program can be seen via our Facebook and our website. Our centre operates in accordance with the current government health guidelines and reserves the right to cancel or transition to online programs if required to do so.



The Berwick Neighbourhood Centre acknowledges and pays respect to the past, present and future Traditional Custodians and Elders of this nation and the continuation of cultural, spiritual and educational practices of Aboriginal and Torres Strait Islander peoples.

The Berwick Neighbourhood Centre is committed to providing a child safe environment

## **Centre Operating Hours (During Terms 1-4):**

High Street (Children's Services) - Monday – Thursday 9am-3pm, Fri – Office Closed Timbarra & High Street (Seniors Building) – Monday-Thursday 9.00am-3.00pm

Friday – 9.00am-12.00pm

Call: Timbarra & Seniors Building Venue 9704 1863 or 9796 1970 (Children's Services only)

email: <a href="mailto:Admin@berwicknc.com.au">Admin@berwicknc.com.au</a>







# **Term 4 Workshops & Events**

## **Garden Workshops in Term 4**

#### Are you a first time gardener?

Are you looking to make a start on your garden, but don't know where to begin? Here's your opportunity to learn the basics and get underway with your own summer harvest or brighten up your garden with a floral display. Join Kim and others as we explore what the world of gardening is all about.

Where: Berwick Community Garden located next to the Timbarra Hall 20-27

Parkhill Dr, off Timbarra Way.

Date: Monday 13 October and Tuesday 11 November 2025

**Time**: 10.30am - 11.30am

Numbers are limited. **BOOKINGS ESSENTIAL**. Call 9704 1863 to secure your

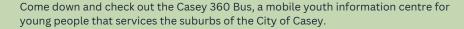
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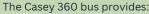
Proudly sponsored by the City of Casey





#### The Casey 360 Bus





- · 2 youth workers
- Information on a range of issues relevant to young people
- 7 LCD TV screens for movies and games
- 3 Apple iMacs with internet access
- 5 PS4s, a Nintendo Switch and iPads
- · Board Games, card games and sporting equipment
- This is a FREE service for young people aged 10-25 years.

Meet Rory & the team at Timbarra Community Centre/Hall. **Dates for Term 4**: Wednesday 5 November 2025 from 3pm - 5pm



Keep up to date on all our Termly workshops & events by following us on Facebook for checking our website

(www.berwickneighbourhoodcentre.com)





BYO crochet, knitting, sewing projects to work on

12.30 - 4pm \$20 per person, \$10 deposit on booking

Tea/coffee and afternoon tea included and lucky door prizes.

Timbarra Community Centre, Parkhill Drive, Berwick.

Bring your friends or make new ones and have a fun crafternoon

Call Julie on 0438 588 986 to book your seat

Free trading table for you to sell your handmakes

(Please make sure they are clearly labelled)





# Information Session



Please join us for a **FREE** information session presented by the Stroke Foundation which will cover a range of areas that will help you better understand stroke.

#### What stroke is:

What happens when someone is having a stroke and the different types of stroke

> How to recognise the signs of stroke: Learn the vital F.A.S.T. signs of stroke

What to do during a stroke emergency: Knowing when to call triple zero (000)

How to reduce your risk of stroke: Understand and reduce the risk of stroke

> 1pm Monday 20th October **Timbarra Community Centre** 26 - 28 Parkhill Drive, Berwick

9704 1863 or admin@berwicknc.com.au to register your attendance.



## Aged Care **Information Session**

#### You're invited to join your local care finder Sacha, to learn about:

Are you finding it difficult to find information about aged care services and how to set them up?

There are aged care services and other supports available to older people, but sometimes it can be difficult to know how to access them. Care finder services and other supports in the community.

The Care finder program is a free service. It exists to support vulnerable people - who have no one else to support them - to learn about, apply for, and set up support services

You're invited to a free information session. Please join your local care finder Sacha to learn about:

about: . How to register for aged care services . The assessment process for aged care services . The different types of funding available to support you to remain living at home The care finder program - who can access this and what support is available . Upcoming changes with the new Aged Care Act and the Support at Home Program

1pm

Tuesday 28<sup>nd</sup> October 2025 **Timbarra Community Room** 

RSVP your attendance by 21st October 9704 1863 or

admin@berwicknc.com.a







#### 4 Week WISER DRIVER **PROGRAM** @ Berwick Neighbourhood **Centre Timbarra**



Wiser Driver Program NEW For all Seniors over the age of 55. Do you remember the last time that you read the Victoria's Road Rules? Would you like to refresh your knowledge of the Road Rules and discuss Road Safety issues with other experienced drivers? This course aims to improve your confidence, independence and road safety skills.

Dates: Monday's 10<sup>th</sup>, 17<sup>th</sup>, 24 Nov & 1 Dec

Time: 12.30 - 2.30pm

Where: Timbarra venue, 26 Parkhill Dr, Berwick

Info: Casey Council website or 03-9705 5200

**BOOKINGS ESSENTIAL: Participants must attend** over all 4 days







### Other upcoming events

• Tea with your MP - Thurs 9 Oct 2025 from 1-3pm at Timbarra



# **HEALTH & WELLBEING**

#### **Exordium Health**

#### **Circuit Training & Boxing Classes**

Suitable for all fitness levels incl. over 50's, those with health conditions or new to exercise. All equipment provided except mats.

Days & Times - Tues & Fridays 9.15-11.15am Where - Timbarra Community Hall Cost - \$14 per session or \$10 Concession Info - Lorraine 0425 748 644 or email: info@exordiumhealth.org
Bring own mat, water bottle & wear comfortable clothing.





# **HEALTH & WELLBEING**

#### **Cheyenne on Queue Line Dancing**

Get fit & have fun while you step out to the music.

When: Mondays

Where: Timbarra Community Hall

<u>Time:</u> 9.30am-12.30pm and/or 6.30pm-9.30pm **Info:** Darren 0435 507 307 or check out

www.cheyenneonqueue.com.au

#### LAST SESSION FOR 2025: MON 15 DEC 2025



#### **Walking Group**

Would you like to go for a weekly walk with others in our community? Take part in a bit of friendly conversation? Pace yourself according to your own abilities? Come and join our walking group on a Friday morning, followed by a light morning tea and a chat. All Welcome.

When: Fridays

Where: Meet in Timbarra Community foyer

**Time:** 10am - 11.30am (approx)

Info: Centre at 9704 1863 or email admin@berwicknc.com.au



#### **NSYNC Dance Academy**

Afternoon & evening Dance classes for children & Adults. Hip Hop, Jazz, Classical and Tap. Acrobatics for Children.

Days & times: Tues 4.30pm-8.30pm

Wed 4.15pm - 9.00pm & Thurs 4pm - 6pm

Where: Meet in Timbarra Community Hall

Info: Lauryn on 0422 860 457

**Email:** nsyncdanceacademy@gmail.com **Web:** www.nsyncdanceacademy.com

LAST SESSION FOR 2025: WED 3 DEC 2025



## **Seated Movement Sessions (Chair Dancing)**

Would you like to try exercising from the comfort of a chair? Join us for some seated movement sessions where we will use fun and uplifting songs and different styles and eras of music. All ages & abilities welcome.



When: Monday's (School Terms only)
Where: Timbarra Community Room
Time: 10.15am - 11.00am
Cost: \$8 per session
Info: Centre at 9704 1863 or
email - admin@berwicknc.com.au

LAST SESSION OF 2025 IS: MON 15 DEC 2025

#### **YOGA with Nick**

Looking for Yoga sessions? Whether you have done it before or would like to give it a try, Nick offers two classes a week and all are welcome.

Day's & Times: Mondays 9.45am - 11am

**Where:** Timbarra Community Room

Bring own mat, water bottle & wear comfortable clothes.

**SCHOOL TERMS ONLY** 



LAST SESSION OF 2025 IS: MON 8 DEC 2025



# **HEALTH & WELLBEING**

#### **Kadampa Meditation**



Take time for yourself as you join Kadampa for some evening meditation.

<u>When:</u> Thursdays <u>Where:</u> Timbarra Multipurpose Room <u>Time:</u> 7pm - 8.00pm <u>Info:</u> Kate on 03-9756 7203 or email - a

info@kadampa.org.au

LAST SESSION OF 2025 IS: MON 8 DEC 2025

#### Reiki with Debbie

Reiki is a Japanese form of therapy that aims to increase energy levels and promote relaxation and wellbeing. It is applied through non-invasive, non-manipulative gentle touch and can contribute to your wellbeing by helping you feel relaxed, peaceful and more energetic.



For further information or to book an appointment please call **Debbie** on 0409 369 276

#### **Community Garden & Seed Library**



Our weekly community garden group meets every Thursday at our Berwick Community Garden located between the Timbarra Community Centre and the Timbarra Hall. All welcome to tend to the garden, share some tips, enjoy each other's company and a cuppa afterwards.

When: Thursdays during school terms
Where: Community Garden at our Timbarra venue
Time: 9.30am - 11.30am
Info: Centre on 9704 1863
Email: admin@berwicknc.com.au
Bring: Garden Gloves

ALL WELCOME. No experience necessary.

#### **Square Dance Club**

Come give Square Dancing a try. We offer two daytime classes on a Wednesday for beginners or experienced mainstream and an advanced class on a Monday for those with lots of experience.

<u>Days & Times:</u> Mondays (Advanced Classes) 2pm-4pm at \$10 per session <u>Days & Times:</u> Wednesdays (Learners/Beginners) 1pm-2.15pm at \$5 per session

<u>Days & Times:</u> Wednesdays (Experienced Mainstream) - 2.15pm-3.45pm at \$10 per session

Info: Tony - 0408 340 990 Email: bowring@bigpond.net.au







#### **Neighbourhood Knitters Chat & Yarn Group**

We provide the wool, you provide the "Yarn"! Especially for those that love to knit and crochet and would like to meet other like-minded people. Enjoy knitting in an informal, relaxed atmosphere, with a focus on time to be donated to charities.

<u>Days & Times:</u> Thursdays 10am to 12pm <u>Where:</u> Timbarra Multipurpose Room <u>Info:</u> Timbarra Centre at 9704 1863 or <u>Email:</u> admin@berwicknc.com.au

LAST SESSION OF 2025 IS: THUR 11 DEC 2025



#### **Crochet Classes**

Join our cosy crochet classes for beginners and learn the basics of this relaxing and creative class. Whether you are just starting out or an experienced crocheter working on your own projects, our sessions are the perfect place to unwind, connect and create. Advanced participants are welcome to bring their projects or work on charity squares for a meaningful touch.

<u>Days & Times:</u> Wednesdays 1pm - 3.30pm <u>Where:</u> Timbarra Multipurpose Room <u>Info:</u> Timbarra Centre at 9704 1863 or <u>Email:</u> admin@berwicknc.com.au

**LAST SESSION OF 2025 IS: WED 10 DEC 2025** 



#### **Sewing Machine & Computerised Machine Embroidery Group**

Come along and have some fun with your machines, whether a plain sewing machine or an embroidery machine - all sewers welcome.

Days & Times: 3rd Thursday of the month 10am to 3pm

<u>Where:</u> Timbarra Community Hall <u>Info:</u> Lyn Dickson on 0407 472 960

LAST SESSION OF 2025 IS: THUR 11 DEC 2025



#### **Craft Classes with Elizabeth**

Do you enjoy craft making? Would you like to make some new friends?

Join us to discover the joy of craft and have a chat with like-minded people. You will be introduced to a range of craft techniques through a new project each week. All materials are included though you may wish to bring your own scissors, glue stick and double-sided tape.

\*\*\*BOOKINGS ARE ESSENTIAL\*\*\*

Days & Times:

Tuesdays - 10am - 12pm - 14 Oct - 9 Dec (no class on 4 Nov) (8 weeks)

Thursdays - 12.30pm-2.30pm (16 Oct - 11 Dec) (9 weeks)

Where: Timbarra Multipurpose Room Cost: \$5 per class - all materials supplied Info/Bookings: Centre at 9704 1863 or email - admin@berwicknc.com.au



#### **Australian Oriental Martial Arts Tai Chi**

Would you like to try giving Tai Chi a go? Join Master Wendy on a Sunday afternoon at the Timbarra Hall.

<u>Days & Times:</u> Sundays 2pm - 5pm <u>Where:</u> Timbarra Community Hall <u>Info:</u> Master Wendy Jiang - 0467 597 080

Email: ad@awcc.com.au

LAST SESSION OF 2025 IS: SUN 7 DEC 2025





## SHARED INTEREST GROUPS

#### Chikushinkai laido & Jodo

Interested in learning more about the martial arts of Iaido and

Jodo?

<u>Days &Times:</u> Saturdays 8.30am - 12pm Where: Timbarra Community Hall

Info: Paul - 0410 768 692 Email: fairlane501@gmail.com

**LAST SESSION OF 2025 IS: SAT 20 DEC 2025** 



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#### **Sri Lankan Theatre Group**

This group provides an opportunity for Sri Lankan children, youth and adults to share cultural values and express themselves via theatre while sharing their culture with the wider Australian Community.

<u>Days &Times:</u> Fridays 6pm - 9.30pm <u>Where:</u> Timbarra Community Hall <u>Info:</u> Centre at 9704 1863 or <u>Email:</u> admin@berwicknc.com.au

**LAST SESSION OF 2025 IS: FRI 12 DEC 2025** 



The CWA meet on the 1st Monday of the month.

Days &Times: 1st Monday of the month 7pm - 9pm

Where: Timbarra Community Room

Info: Kate - 0435 863 054 Email: azzo71@yahoo.com.au



LAST SESSION OF 2025 IS: MON 1 DEC 2025

## **Men's Morning Discussion Groups**

Discussion Group for older men with new ideas. We have two groups that run on different days. Please see days & info below.

All Welcome.

#### **GROUP A**

**GROUP B** 

When: Last Thursday of the month 9am -

**Where:** Timbarra Meeting Room

When: 3rd Friday of the month Where: Timbarra Multipurpose Room Info: John Deutch - 0431 844 833

Email: johnybill1947@hotmail.com

Info: Jim - 0408 335 130

LAST SESSION OF 2025 IS: THUR 27 NOV 2025

**LAST SESSION OF 2025 IS: FRI 19 DEC 2025** 

## **Berwick Toy Library**

Over 400 toys for pre-school ages, including large toys. Borrow new toys every fortnight to keep your children stimulated and entertained.

Days &Times: Saturdays 8am - 11am

<u>Dates this term:</u> 11 & 25 Oct, 1,8,22 Nov and 6 Dec 2025 <u>Where:</u> Timbarra Multipurpose room, Timbarra Way, Berwick

Cost: \$55 per year per family membership

Info: Ashlea 0402 929 385 or Email: berwicktoylibrary@gmail.com



## Pitch Perfect Studios

Interested in singing lessons? Join Nikita from Pitch Perfect Studio.

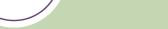
<u>Days &Times:</u> Mondays 5pm-8pm, Wed 4.30pm-6.30pm & Thur 5-8.30pm

<u>Where:</u> Meeting Room at 112 High St, Berwick

<u>Info:</u> Nikita - 0424 994 956

**Email:** nikita@pitchperfectstudios.com.au

LAST SESSION OF 2025 IS: THUR 11 DEC 2025







# SHARED INTEREST GROUPS

#### Ladies with HATitude

Looking for a fun group of women ages 40 plus who want some sunshine and colour in their lives? The RED Hatters are here! The RED Hat Society is the largest international women's social club, whose focus is on living life to the fullest, having fun and not "acting our age"! We hold regular meetings at the Berwick Neighbourhood Centre at Timbarra.

Days & Dates: Mondays - 6 Oct, 3 Nov & 1 Dec 2025

Where: Timbarra Community room

Time: 11.30am - 2pm

Info: Robyn Wright at 0447 657 976 or Email: ladieswithhatitude@mail.com

#### **Linking Local Ladies** (Women's Group)

Bring your craft, bring your latest read, or just bring yourself. Pop in for a chat. See what is happening at the centre. Have a cuppa and relax

for a moment or two.

When: Mondays

Where: Timbarra Meeting Room

**Time:** 12pm - 2pm

Info: Centre at 9704 1863 or Email: admin@berwicknc.com.au

LAST SESSION OF 2025 IS: MON 8 DEC 2025

#### All Abilities Activity Group with Dee

Looking for something fun, relaxing and social? Come and be part of our friendly activity group run by the fabulous Dee. Activities include gentle exercise, arts & craft, games, music & memories and friendly chats. All abilities welcome.

When: Tuesday during school terms Where: Timbarra Multipurpose Room

**Time:** 1pm - 2.30pm Cost: \$2 per session

Info: Centre at 9704 1863 or Email: admin@berwicknc.com.au

Book early as numbers are capped at 10 participants (excluding any carers).

LAST SESSION OF 2025 IS: TUE 9 DEC 2025





**When:** Mondays Where: Timbarra multipurpose room Time: 1pm - 2pm

Info: Nikita - 0424 994 956

Email: nikita@pitchperfectstudios.com.au

#### **Learn Italian with Nancy**

Italian language lessons for children ages 5 to 11 years old. Face to Face or Online available. Contact Nancy directly for costs and information.

When: Saturday's (During school terms) Where: Timbarra Meeting Room Time: 8.45am - 11.15am **Cost**: Contact Nancy Info: Nancy Leanza - 0481945423 Email: leanzanancy@gmail.com

LAST SESSION OF 2025 IS: SAT 13 DEC 2025



Wanting to learn how to play the guitar? Learn to read music or strum. Join Michael on a Wednesday at Timbarra.

> When: Wednesday's) Where: Timbarra Meeting Room

Time: 4pm - 7pm Call or Text: Michael - 0408 681 544

LAST SESSION OF 2025 IS: WED 10 DEC 2025







## What's on offer at our Senior's Hall, High St, Berwick

#### U3A Tai Chi

Join the U3A Tai Chi classes held in the Seniors Hall at 112 High St on Monday Mornings.

When: Mondays

Where: Senior's Hall, 112 High St,

Berwick

<u>Time:</u> 9.30am - 11.30am <u>Info:</u> Bruce - 0433 507 577 LAST SESSION OF 2025 IS: MON 8 DEC 2025

# U3A Cantonese Cooking Classes

Come along and join the U3A's Cantonese/Chinese cooking classes as they cook up a storm.

When: Every 4th Monday of the

month

Where: Senior's Hall, 112 High St,

Berwick

<u>Time:</u> 1pm - 3pm <u>Info:</u> Bruce - 0433 507 577

LAST SESSION OF 2025 IS: MON 24 NOV 2025

#### **U3A Exercise Classes**

Fancy some gentle exercises with great company, join the U3A exercise classes held each

When: Mon - 11.30-12.30pm

Thurs - 10-11am

Where: Senior's Hall, 112 High

St, Berwick

Info: Bruce - 0433 507 577 LAST SESSIONS OF 2025 are: Thurs 11 DEC 2025 & Mon 15 Dec 2025

#### **Rock & Roll Dancing**

Fancy a bit of rock & roll dancing with others who love to dance?

Join us on for lots of fun, laughter and movement.

When: Mondays

Where: Senior's Hall, 112 High St,

Berwick

Time: 6.30pm - 9.30pm
Info: Samantha 0423 053 007
LAST SESSION OF 2025 IS: MON 15 DEC 2025

For more info please email **Wendy** - <u>wmedew@gmail.com</u>

#### **Berwick Orchid Club**

Interested in joining the Berwick Orchid Club? They meet on the last Sunday of the month.

<u>When:</u> Last *SUNDAY* of month <u>Where:</u> Senior's Hall, 112 High St,

Berwick

<u>Time:</u> 12pm - 4pm <u>Info:</u> Neil - 0407 726 712

LAST SESSION OF 2025 IS: SUN 14 DEC

# Other Activities on offer by the Berwick Seniors

- Line Dancing Tues 10am-1pm Last session for 2025: 16 Dec 2025
- Scottish Dancing Tues 7pm-10pm Last session for 2025: 16 Dec 2025
- Activity Day Wed 11am-3pm Last session for 2025: 17 Dec 2025
- Club Day Fri 8am-3pm
   Last session for 2025: 12 Dec 2025

#### **Casey Tamil**

Monthly meeting on the 1st Saturday of each month.

When: 1st Saturday of the month
Where: Senior's Hall, 112 High St, Berwick
Time: 10.30am-2pm
Info: Siva - 0491 149 113
Email: sivas1714@gmail.com
LAST SESSION OF 2025 IS: SAT 6 DEC 2025



# Family, Youth & Children's Services

#### 3 Year old Play & Grow Sessions

Looking for pre-kinder type session for your 3 year old that is run during school terms only? Our program is run in accordance with the Early Years Learning & Development Frameworks by qualified educators in a caring & supporting environment. Childcare Subsidy (CCS) is available in you qualify.

<u>When:</u> *Mondays - Thursdays* <u>Where:</u> 112-116 High St, Berwick

<u>Time:</u> 9.15am - 2.15pm <u>Info:</u> Kerry - 03-9796 1970

Email: childrenservices@berwicknc.comau

Children must turn 3 years old before the end of April in the year they enroll. Small classes in a lovely community setting with consistent, friendly educators.





#### **Childcare at High Street**

We offer permanent bookings for your children aged 15 month to 4 years at our centre during school terms only. A choice of either 3 hour or 5 hour sessions with our nurturing qualified educators. Our childcare program in run in accordance with the Early Years Learning & Development Frameworks. Use of the childcare subsidy (CCS) is available if you qualify.

When: Mondays - Thursdays
Where: 112-116 High St, Berwick
Time: 9.00am - 12 pm or 2pm
Info: Kerry - 03-9796 1970

Email: childrenservices@berwicknc.comau

Small classes in a lovely community setting with consistent, friendly educators.



#### **PLAYGROUPS at Timbarra**

Are you looking for a Playgroup for you & your child/ren where you can socialise with others while your child learns through play? Our playgroups are run by a qualified, experienced facilitator in an excellent, well-equipped venue, with a secure, enclosed playground. All equipment is provided.

<u>When:</u> Tuesdays - Thursdays <u>Where:</u> Timbarra Community Room

Session Times: 12 weeks-3 years 9.30am -11.30am

Cost: \$8 per session

Info: Kat on 03-9704 1863

#### **BOOKINGS ARE ESSENTIAL AS NUMBERS ARE LIMITED**

Email: admin@berwicknc.com.au

**Note:** Sessions are dependent on numbers. If we have little interest, we may revert to just one session per week on either a Tues or a Thursday.

Last sessions for 2025: Tues 9 & Thurs 11 Dec 2025

### Vita Speech

We offer a range of individual & group therapy services for children, teens & young adults. We can help with early communication skills for late talkers (1-3 year olds), social/friendship skills for primary school, teens & young adults & school readiness for pre-schoolers.

#### Days & Times:

<u>Saturdays</u> - 11.30am-1.00pm <u>Where:</u> Timbarra Community Room

Info: 9707 5033

Email: visaspeechpathology@gmail.com
Last session for 2025: Sat 6 Dec 2025





# **MINISTRY**

#### **Anchor Baptist Group**

When: Sundays - 9.30 to 12.30pm & 5.30pm - 7.30pm

Where: Timbarra Hall

<u>Info:</u> Rija or Celeste 0404 924 506

Email: abrellceleste@gmail.com

LAST SESSION FOR 2025: SUN 28 DEC 2025



# **SUPPORT GROUPS**





**GROW** provides friendly help for those of us suffering from emotional distress, depression, or other effects of stress. Members share their own experiences & coping strategies to help one another.

GROW is anonymous, confidential, open to all and free!

When: Wednesdays

**Where:** Timbarra multipurpose room

Time: 10am - 12pm

Info: GROW at 03-9528 2977 Web: www.grow.net.au

Last session for 2025: WED 17 Dec 2025

#### SUNLIGHT OF THE SPIRIT GROUP

Alcoholics Anonymous



Sunlight of the Spirit is an open meeting of Alcoholics Anonymous. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety. Join us for our weekly meeting where we study from the Big Book of Alcoholics Anonymous and share our experiences, strength and hope for each other. Everyone is Welcome, especially newcomers.

<u>When:</u> Tuesdays <u>Where:</u> Timbarra multipurpose room

> <u>Time:</u> 7.30pm - 8.30pm <u>Info:</u> Sean - 0425 707 480

Web: www.sunlightofthespiritaa.org.au

Last session for 2025: TUES 30 Dec 2025



# **ACTIVITIES FOR THE MATURE ADULT**

# BERWICK ACTIVITIES CLUB <u>Carpet Bowls</u>

A great way to meet new friends, have fun and keep fit.

When: Tuesdays Time: 1.00pm - 3.30pm Where: Timbarra Hall Info: Bruce - 0447 554 475

Email: brucehenry6@bigpond.com

Last session for 2025: Tues 16 Dec 2025





# BERWICK ACTIVITIES CLUB Social Group

A social and friendship group offering games, cards, activities and excursions with others of a similar age.

When: Wednesdays
Time: 9.30am - 12.30pm
Where: Timbarra Hall
Info: Bruce - 0447 554 475
Email: brucehenry6@bigpond.com

Last session for 2025: Wed 17 Dec 2025

## BERWICK ACTIVITIES CLUB

#### <u>Dance Group</u>

Do you enjoy dancing? Come join the club and have fun with others who love to dance.

When: Thursday Evenings Time: 6.30pm - 9.30pm Where: Timbarra Hall Info: Bruce - 0447 554 475

Email: brucehenry6@bigpond.com

Last session for 2025: Thurs 11 Dec 2025



## BERWICK ACTIVITIES CLUB

Fancy some fun with 7 random letters and a group

of others who enjoy the game of scrabble? If you think you can spell, please join us for some social fun..

<u>When:</u> Fridays <u>Time:</u> 9.30am - 12pm

Where: Timbarra Community Room

Info: David

Email: yank45@optusnet.com.au



Last session for 2025: Fri 12 Dec 2025



# Berwick Neighbourhood Centre Community Garden

## What's happening in the garden in Term 4, 2025

# Our Community Garden is ready and waiting for you!

Regardless of your gardening experience, the community garden is a place to meet, to share and to learn. Meet new people from the community as we come together through regular Garden groups, workshops and tending to our raised garden beds.

Located between the Timbarra Community Centre & the Timbarra Hall, come and check out this vibrant, welcoming environment. Designed to accommodate all ages, stages and abilities, the community garden will provide the opportunity to:

- successfully grow nutritious food via tending to individual or community raised garden beds.
- learn what to do with harvested produce via food preparation opportunities in the Timbarra Hall kitchen.
- see the benefits of sustainable living via workshops and activities
- meet other locals and experience the benefits to your wellbeing of being in the garden.

For more information call the centre on **03-9704 1863** or email: admin@berwicknc.com.au





#### **Weekly Garden Group**

The group meets every **Thursday** to share tips, tend to the community garden, enjoy each others company and a well deserved cuppa. Don't forget your garden gloves.

No garden experience necessary. All Welcome.

Rest assured, if you need a little respite from the weather be it too warm or cold, we can still gather in the comfort of a room in our centre.

Time: 9.30am - 11.30am
When: Thursdays (during school terms)
Venue: At the garden between the Timbarra
Community Centre and the Hall.

# Saturday Morning Garden Group for Term 4

For those garden goers who are unable to make a weekday, we also do a Saturday session each term.
This term, it will take place on:

Saturdays 8 Nov & 6 Dec 2025 8.30am - 10am

In extreme weather, garden sessions will be cancelled. If unsure, please email Kim at manager@berwicknc.com.au for confirmation of times.

## \*\*HALL & ROOM HIRE OPPORTUNITIES\*\*

Multipurpose Room – Timbarra Community Centre

Lovely room with small kitchenette and enclosed outdoor area. Suitable for up to 40 people.

**Community Room - Timbarra Community Centre** 

A decent sized room suitable for up to about 40 people with access to full kitchen and substantial enclosed outdoor area.

**Meeting rooms-Timbarra Community Centre & High Street** 

Suitable for 5-10 people. Timbarra Meeting Room includes a small kitchenette in the room. High St has access to a kitchen. Suitable for 10 - 15 people.

Timbarra Community Hall - Timbarra Community Centre

The Timbarra Community Hall is available for hire on Saturday evenings between 2pm and 12am for birthdays, engagements, Weddings and any other special Celebration you may wish to Celebrate. The Hall can comfortably cater for 100 people. Good Commercial kitchen, heating and air-conditioning.

- HALL BOOKINGS ARE ESSENTIAL.
- APPLICATIONS ARE REVIEWED EACH WEDNESDAY.
- NO BOOKING WILL BE ACCEPTED LESS THAN 14 BUSINESS DAY'S BEFORE THE EVENT DATE.
- HALL HIRE IS NOT AVAILABLE DURING SCHOOL HOLIDAY'S

The High St Senior's Hall - High St Senior's Building

The hall is located at 112 High St, Berwick and is suited for meetings, classes, community groups & functions for up to 120 people. Full kitchen available on site. Hall area comes with stage.

Heating & cooling provided.

- HALL BOOKINGS ARE ESSENTIAL.
- APPLICATIONS ARE REVIEWED EACH WEDNESDAY.
- NO BOOKING WILL BE ACCEPTED LESS THAN 14 BUSINESS DAY'S BEFORE THE EVENT DATE.
- HALL HIRE IS NOT AVAILABLE DURING SCHOOL HOLIDAY'S

For Bookings or further information on any of these hire opportunities please call <u>9704 1863</u> or email <u>Admin@berwicknc.com.au</u>





# **Belinda Wilson** MP

#### State Member for Narre Warren North

- Shop 101, Endeavour Hills Shopping Centre, Matthew Flinders Ave, Endeavour Hills.

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